



# Lake Henry Estates *Newsletter*

AUGUST 2025

Editor: MARY ANN OCALLAGHAN

Thank you Board & Volunteers for Upgrades to our Community



## HURRICANE PREPAREDNESS TIPS

It's that time of year again! Time to get prepared for the upcoming hurricane season. We were very fortunate last year, our community had minimal impact from the storms that ravaged the Tampa/St. Petersburg area. We did lose power, however, and should always be ready for that possibility when planning.

Please see the July newsletter for all the preparation tips, and also read the 2024 DISASTER PREPAREDNESS PLAN published in the Documents section of the Lake Henry Estates NEWSBRIEFS online. (See the back page of this newsletter, at the bottom, for instructions on how to receive NEWSBRIEFS, if you are currently not receiving it.)



## AUGUST BOARD MEETING

The next Lake Henry Estates Board meeting will be held on Friday, August 15th at 9 a.m.

Thank you from the BOD.

Thank you to those that share information for our pleasure. Everyone's help is appreciated.

Community Photographer— Herb Kramer

We apologize for any omissions or errors in this edition.



## NEWSLETTER INFORMATION

Please have all information submitted by the 20th of each month for the next months publication.

For any submissions, please use this Email: [newsletter@lakehenryestates.com](mailto:newsletter@lakehenryestates.com)



**SUNSHINE** - Judy Koblentz is our Sunshine Committee Chair. Street Captains, please EMAIL your verified information to Judy at [jkoblentz@gmail.com](mailto:jkoblentz@gmail.com). Residents please continue to contact your Street Captains, as listed below according to assigned house number, with verified information regarding illness or death. As always, we want to ensure correct information is shared with the community. All information must be verified by family members.

### STREET CAPTAINS by HOUSE NUMBER

Nancy Brinson: #420 - 433, #543- 557 (616) 901-0299  
Sharon Adler: #445 - 477 (863) 422-0880  
Diane Tebaldi: #478 - 486 (863) 421-4374  
Beverly Brooks-Gore: #487 - 497 (863) 397-0784  
Nancy Karhoff: #498 - 499, #533 - 537, #610 - 646, #661 - 669 (419) 789-3038  
Cindy Poling: #500 - 510, #524 - 532 (480) 363-9541  
Jerri Gage: #437 - 444, #511 - 523, #538 (260) 242-1114  
Carmen Wilde: #539 - 540, #589, #670 - 683 (863) 438-5696  
Roseann Merschen: #541-542, #686 - 696, #558 - 565, #698 -709 (863) 438-5878  
Jan Coman: #566 - 588, #684 - 685, #697, #710 (863) 242-0701  
Val Moore: #590 - 607, #647 - 660 (863) 421-8768

## SUNSHINE

### NANCY BENZ: Thank You

I would like to thank all our friends and neighbors from LHE for the many cards, calls and prayers for Manley. Your thoughtfulness and compassion were very much appreciated during such a difficult time. I am so thankful that we live in Lake Henry Estates. Nancy Benz



### BIRTHDAY, ANNIVERSARY CARDS AND BALLOONS

A reminder that we consistently have difficulty finding volunteers to take on the task of delivering cards and balloons for these special occasions.

It is very easy! The office supplies the cards and balloons, and they are only delivered to the residents that are presently home (easier in the summer). If we get multiple volunteers, it can be split to be just 15 days each.

If you would like to volunteer, please contact Rita Fournier.

### FOR YOUR INFORMATION:

#### AED DEFIBRILLATOR BOX LOCATIONS

One box is located in the Clubhouse ballroom, near the doors by the stage.

The other is located in the Pub, next to the door leading to the kitchen and Ballroom. As a reminder, nothing should be put in front of these boxes.



**Our Volunteers Make Lake Henry Estates 'A GREAT PLACE TO LIVE'**





**Carol Jean Sheil, Realtor, Broker**  
Cell 863-412-3801 caroljeansheil@msn.com



**Office: 863-299-5878**



**Chris Goode, Realtor**  
Cell 863-287-5454 chrisgoodefl@gmail.com

**AUGUST GREETINGS!!!** We have been so very fortunate to date to avoid the dry conditions that resulted in the devastating fire in Arizona and the torrential rain with flash flooding that has wreaked havoc in Texas, New York, NJ, and many other locations! Yes, we are experiencing the hot and humid weather! Thank goodness most of us have air conditioning! Wishing you a safe, healthy and wonderful August!

**625 OGELTHORPE RD, DAVENPORT...NO BACKYARD NEIGHBORS!** This MOVE-IN READY immaculate 1972 SF 4BR/2BA home is located on a premier lot in Laurel Estates overlooking a tranquil conservation area! Perfect for a full-time residence, winter retreat or a rental property. Short term rentals are allowed. Designed with a split floor plan, the home features a living room/dining room area and a family room with sliding glass doors that open onto a covered lanai! The well appointed kitchen features: wood cabinetry with 36" uppers; granite counter-top; deluxe SS appliances; 60/40 sink; pantry closet; and a breakfast bar. The primary bedroom suite features: walk-in closet; ensuite bathroom with water closet; dual sinks; and, a garden tub with separate glassed in shower. Bedrooms 2, 3 and 4 each have nice sized closets and are adjacent to the BR #2. The bonus alcove area located adjacent to the interior laundry room could be used for a multitude of purposes! Sit back and relax or host a a BBQ on the covered lanai! Outstanding features include: brick paver driveway/walkway; attractive landscaping; easy to clean 17x17 tile flooring in high traffic areas; dual pane insulated windows which help with energy efficiency; 2" Blinds throughout; vaulted and high ceilings; separate interior closet for the AC/heat system Air Handler/Furnace; and more! The home is waiting for the new homeowners decorating touches! Back yard is spacious...want to add a patio, a garden, a pool?! Community amenities include sidewalks, a playground and pool! The community is located in an ideal and convenient location with a well known grocery store just minutes away, easy access to shopping destinations, restaurants and I-4. Disney, Sea World, other Central Florida attractions, medical facilities, Orlando airport and SunRail Station are within a relatively short drive. Beaches on either coast are within approximately 50-75 miles. **\$410,000.00**

## Featured Listing



**CLAUDIA CENTESIMO**  
407-383-8882  
LionHeartBrokers.com

**422 Harbourview Dr. Haines City, FL 33844 | \$290,000**  
3 Bedrooms, 2 Bathrooms, New Roof, Golf Front





# Lake Henry Estates C

## August

Ticket sales: Beverly Brooks-Gore 863-397-0784 / BJBrooksNC@tampabay.

Sunday	Monday	Tuesday	Wednesday	Thursday
1:00 pm Shuffleboard	8:00 am Golf (Couples) 9:30 am Water Aerobics 1:00pm Line dancing 6:30pm B&V Gaff Bible study	9:30 am Water Aerobics 1:00 pm Couples Shuffleboard 6:00pm Texas Hold em 6:00pm Euchre	8:00 am Golf (Ladies) 9:00 am Bocce 9:30 am Water Aerobics	8:00 am Golf (Ladies) 9:30 am Bocce 1:00 pm Shuffleboard
3	4 1:00pm Line Dancing 5:30pm Munchie Monday	5	6	7 5:30pm Munchie Monday
10	11 1:00pm Line Dancing 5:30pm Munchie Monday	12	13	14 5:30pm Munchie Monday
17	18 1:00pm Line Dancing 5:30pm Munchie Monday	19	20	21 5:30pm Munchie Monday
24	25 1:00pm Line Dancing 5:30pm Munchie Monday COD Labor Day	26	27	28 5:30pm Munchie Monday
31	COD means last day to sign up for event		Events and Activities are subject to change. Please check website for updates.	

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# Community Events 2025

rr.com Please call or text Lorri Milligan @586 344 9118 the calendar no later than the 15th of each month.



## Birthdays

1 Carl Criger	16 Luis Torres
1 Tina Ray	17 Paula Turner
2 Aixa Criger	17 Cathie Cunliff
3 Joyce Diesing	20 Russ Jones
5 Frank Hamedl	22 Jill Marston
6 Al Croucher	22 Donald Diana
6 Myron Coon	23 Gwen Trask
6 Dale Stone	23 Mary Belle Kent
8 Sue Utley	24 Evan Matzkin
8 Eleanor Sheldon	24 Don Bangasser
9 John Case	25 Paul Bockelman
9 Blondell Richardson	26 Lois Sims
11 Justine Spinks	27 Gladys Surillo
11 Susie Smice	28 Bill Bateman
12 Jorgina English	30 Viv Kositz
12 Kathy Blaskovich	31 Rodney Bretveld
14 Nora Kay Francis	31 Jan Coman
14 Jeannie Whitt	

## Anniversary's

1 Mark & Dawne Bockelman	1981
3 Jerry & Linda Mills	1974
6 Duke & Shirley Katleski	1983
6 Jim & Viv Kositz	1983
7 Mark & Christine Awbrey	1982
9 John & Beth Muntzinger	1969
10 Bruce & Phyllis Greene	1974
18 Dick & Nancy Karhoff	1969
20 John & Rita Manly	1960
20 Don & Diane Webber	1966
24 Paul & Debbie Maddock	1974
28 Evan & Pamela Matzkin	1982
29 Dan & Kris Bomgarden	1970

Thursday	Friday	Saturday
10 am Golf (Men) 10 am Water Aerobics 10pm Couples shuffle- board	9:30 am Water Aerobics 1:00 pm Men's Shuffle- board Trash & Yard waste pick-up 1st Friday bulk pick-up	6:30 pm Joker 6:30 pm Nickels-Group A 7:00 pm Nickels-Group B
	1	2
	8	9
10pm Thirsty Thursday		
	15 9:00am Board meeting 6:00pm Karaoke	16
	22	23
10pm Thirsty Thursday		
	29	30
10pm Thirsty Thursday		

Please keep updated by reading the Clubhouse Bulletin board and checking Channel 732 and our webpage regularly.

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## **LHE SOCIAL EVENTS FOR AUGUST 25**

**There are no scheduled Social Committee functions for August**

### **PUB EVENTS :**

Thursday, August 14 at 5:30 – **PIZZA PARTY IN THE PUB** – \$5.00 at door  
Friday, August 15 at 6:00 – **KARAOKE**

### **SAVE THE DATE**

## **SEPTEMBER**

**Labor Day Dinner and Dance** – Monday, September 1st– 5:30PM

Celebrate with your Neighbors. Enjoy Dancing and Listening to Great Music by Geri Blount and SideKix.

**Menu:** Grilled Lemon Pepper Chicken, Macaroni & Cheese, Succotash, Garden Salad, and Banana Pudding for Dessert.

Tickets are \$15 and available until August 25th from Beverly Brooks-Gore.

## **OCTOBER**

**Fall Poker Run** – Saturday, October 12th – Joann Hoffman will chair.

**Halloween Party / Dance with music by Cindy Breeze-** 6:30 to 9:30PM.

Patty Shaffer will chair.

NOTE: In order to insure that the planners of events that include food and special seating, please note **COD (Cut Off Date)** on the monthly calendar. This indicates the last date to sign up. **HELP MAKE SURE THERE IS ENOUGH FOOD and ROOM FOR YOU !**

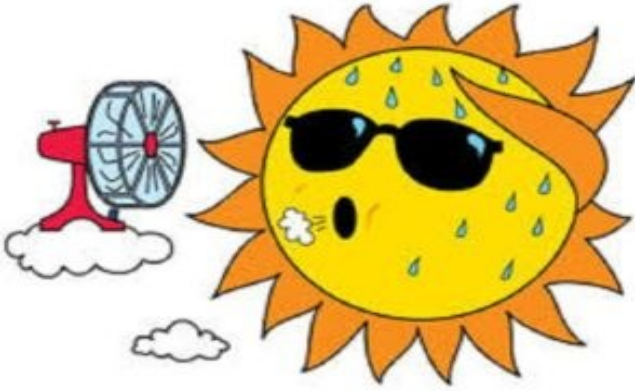
**RESERVED TABLE POLICY REMINDER:** Table reservations will be available starting at 1:00 PM on the day of the event. Your assistance is appreciated.

### **NEW C&D TOURS SIGN UP**

There are two trips listed early on the website due to the respective deadlines. Go online to [cdtours.net](http://cdtours.net)

If you are interested in either of these trips, the signup sheet is in the clubhouse. Snowbirds are welcome to contact Carmen Wilde, who will be happy to assist you with the registration process . Thanks from Carmen Wilde.

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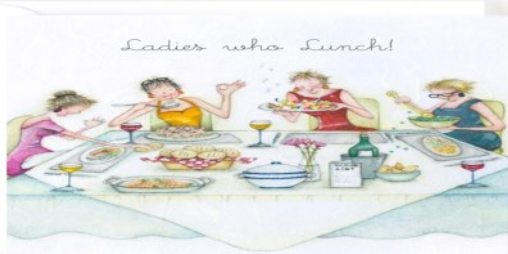


## TIPS FOR KEEPING COOL ON A HOT DAY

During the summer months temperatures rise and it can be more difficult to stay cool. Older adults are more sensitive to heat so it is important to keep cool and comfortable.

Here are some tips for keeping cool on a hot day:

1. **Limit time outdoors:** Limit the amount of time spent outside between 10 am and 4 pm when the temperature is the hottest.
2. **Drink water:** Make sure you are drinking plenty of water, even if not thirsty. Stay away from sugary drinks or drinks with caffeine to avoid dehydration. Replenishing electrolytes such as salt, potassium and calcium are necessary if you have been exercising or exposed to heat for a long period of time.
3. **Eat light foods:** Prepare foods that don't require cooking to avoid turning on the oven and creating more heat. Some great foods that don't require cooking are salads, fruits and vegetables, which are all great sources of nutrition. Popsicles and frozen fruit are also a delicious way to cool down.
4. **Clothing:** Dress in light-colored, loose-fitting clothing. Light clothing helps reflect sunlight and keep you cooler. If you and your family plan to be in the sun for a long period of time, consider buying clothing designed to block UV rays. A hat with a big brim or sunglasses will also keep you cool and help protect your eyes from the sun.
5. **Footwear that breathes:** Wearing breathable footwear is an effective way to stay cool. Tennis shoes paired with cotton socks are suitable for many outdoor activities, while strapped sandals can also provide comfort and ventilation.
6. **Watch the pavement:** Pavement or blacktop heats up quickly and can burn your skin, and your pet's paws!



There will be no Ladies Luncheon in August. It will resume in September. Any questions, call Rhoda Rice.

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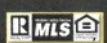
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**Dennis Brock**

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**KARAOKE**

Join us in the Pub on  
**Friday, August 15th**

**NEWSBRIEFS FOR NEWCOMERS** Newsbriefs is the main communication venue for residents of Lake Henry Estates, with Loretta Kramer as the Administrator. It is a component of the Lake Henry Estates website and can be accessed through the following address: [www.lakehenryestates.com/news/](http://www.lakehenryestates.com/news/)

The Newsbriefs website is actually updated daily or whenever Loretta receives new information, however, for your convenience, an email update reminder is sent every Wednesday and Sunday. The email reminder includes a link to the Newsbriefs website. So that you are included in Loretta's Newsbriefs Update Email Google Group, please send your email address to: [kramer.loretta@gmail.com](mailto:kramer.loretta@gmail.com)

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