



Lake Henry Estates Newsletter

JUNE 2026 Editor: MARY ANN OCALLAGHAN

Thank you Board & Volunteers for Upgrades to our Community



JUNE 14th



JUNE 19th



JUNE 21st



PALM TREE TRIMMING

We have signed a three year contract with Redbird Tree Service to trim the palms. They will begin trimming the **community palms the week of May 18th**. They will do the Resident palms AFTER they complete the community palms.

The Resident cost per palm will be between \$50 & \$75 per palm tree. The cost will depend on the location & height of the tree.

You will need to call **Redbird at 863-528-8447** to determine how much it will cost to have YOUR palms trimmed.

Forms of payment:

1. Check made payable to Redbird and mailed to 5236 E Hinson Ave, Haines City, FL 33844
2. Zelle

Please make sure to include the following information along with your payment. Your name, address, and number of palms to be trimmed.

Thank you.
LHE Board of Directors

Thank you to those that share information for our pleasure. Everyone's help is appreciated.
Community Photographer- Herb Kramer

We apologize for any omissions or errors in this edition.

Our Volunteers Make Lake Henry Estates 'A GREAT PLACE TO LIVE'



NEWSLETTER INFORMATION

Please have all information submitted by the 20th of each month for the next months publication. For any submissions, please use these Emails: newsletter@lakehenryestates.com or mayacalli482@gmail.com



SUNSHINE - Judy Koblentz is our Sunshine Committee Chair. Street Captains, please EMAIL your verified information to Judy at jkoblentz@gmail.com. Residents please continue to contact your Street Captains, as listed below according to assigned house number, with verified information regarding illness or death. As always, we want to ensure correct information is shared with the community. All information must be verified by family members.

STREET CAPTAINS by HOUSE NUMBER

Nancy Brinson: #420 - 433, #543- 557 (616) 901-0299
Sharon Adler: #445 - 477 (863) 422-0880
Diane Tebaldi: #478 - 486 (863) 421-4374
Linda Doolittle: #487 - 497 (863) 662-1707
Nancy Karhoff: #498 - 499, #533 - 537, #610 - 646, #661 - 669 (419) 789-3038
Cindy Poling: #500 - 510, #524 - 532 (480) 363-9541
Jerri Gage: #437 - 444, #511 - 523, #538 (260) 242-1114
Carmen Wilde: #539 - 540, #589, #670 - 683 (863) 438-5696
Roseann Merschen: #541-542, #686 - 696, #558 - 565, #698 -709 (863) 438-5878
Jan Coman: #566 - 588, #684 - 685, #697, #710 (863) 242-0701
Val Moore: #590 - 607, #647 - 660 (863) 421-8768

SUNSHINE

The BRAND FAMILY:

The Brand family would like to thank the people of Lake Henry for all the prayers, cards and love we received on Gary's passing Gary and I moved to this community 14 years ago. We always felt very much at home. That is what a good community does care about and support everyone. Thank you again for your love and kindness. God bless, Vicki Brand and family.

ATTENTION: NEW RESIDENTS

Welcome to our community! We are so happy to have you! We encourage you to join in our social events where friendships are formed, activities are shared, and neighbors come together to make our community even more special.

Also, we regularly highlight new residents in this newsletter to help residents recognize our new neighbors and welcome them. If you would like to be featured in the newsletter, contact the office, or Mary Ann OCallaghan during the summer months.

We would love to have you join in the fun and help us continue building a warm and connected neighborhood!

FOR YOUR INFORMATION:

AED DEFIBRILLATOR BOX LOCATIONS

One box is located in the Clubhouse ballroom, near the doors by the stage.
The other is located in the Pub, next to the door leading to the kitchen and Ballroom. As a reminder, nothing should be put in front of these boxes.



The blood mobile will be here Wednesday, June 10, 2026, 10:00am – 4:00pm. There is a poster in the Clubhouse that offers more information.



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Carol Jean Sheil, Realtor, Broker
Cell 863-412-3801 caroljeansheil@msn.com



Office: 863-299-5878



Chris Goode, Realtor
Cell 863-287-5454 chrisgoodefl@gmail.com

JUNE GREETINGS!!! We hope you had a meaningful Memorial Day celebration! Many of us have had family members serve or we ourselves served in the military. My Dad was in his 30's and had 4 children when he joined the navy during WWII. His brother was killed during the war. My brothers and my husband all served in the military.

126 LAKE REGION CIRCLE....ALMOST PARADISE! Enjoy the peaceful surroundings and relaxing environment from this 2142 SF 4BR/2BA executive style home located in The Gates of Lake Region! Landscaping, TILE ROOF and BRICK paver driveway and walkway provide CURB APPEAL! Designed with an open floor plan, split bedrooms, formal dining room and living room, family room and interior laundry room, the home offers flexibility in use. The well planned kitchen has a breakfast bar, white cabinetry with neutral colored solid countertop and stainless steel appliances. The spacious primary suite has sliding glass doors leading to the lanai, two walk-in closets and an ensuite bathroom with dual vanities and sinks, jetted tub, separate shower and a water closet! Bedrooms #2 & 3 are spacious in size. Bedroom #4 is currently used as a home office. Recent updates include: Water Heater replaced Feb. 2026; AC/Heat system April 2025; garbage disposal and microwave 2025; and lanai screen & door 2025. Settle back on the screened lanai and listen to the birds singing and observe the cows on the adjacent ranch property! The PERIMETER 90 X 120 lot is generous in size with room to add a pool, outdoor kitchen, play area and/or garden! The HOA fee provides re-use irrigation water and maintenance of the gate and common areas. For those who enjoy golf and/or tennis, the Country Club of Winter Haven is just 2 Blocks away! Publix Supermarket and additional stores are located within 0.8 mile! Easy access to downtown Winter Haven, HWY 27 and I-4. Legoland, Bok Tower, world-famous theme parks of Disney, Universal Orlando, Sea World, water adventure parks, downtown Orlando and various other nature parks are within a 7 to 60 mile drive. **\$400,000.00**

New Listing



CLAUDIA CENTESIMO
407-383-8882
LionHeartBrokers.com

494 Sweetwater Way Haines City, FL 33844 | \$279,000

3 Bedrooms | 2 Bathrooms | 1,727 sq. ft. | Golf Cart Included





Lake Henry Estates Club

June 2016

Ticket sales: Mary Ann O'Callahan 727-688-2178
 mayacalli482@gmail.com

Please check the calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	9:00 am Golf 9:30 am Water Aerobics 6:30 pm B&V Gaff Bible study	9:30 am Water Aerobics 6:00 pm Texas Hold em 6:00 pm Euchre	9:00 am Golf (Ladies) 9:30 am Water Aerobics	9:00 am Golf 9:30 am Water Aerobics
	1	2	3	
	5:30 pm Munchie Monday			5:30 pm Munchie Thursday
7	8	9	10	
	5:30 pm Munchie Monday			5:30 pm Munchie Pub
14	15	16	17	
	5:30 pm Munchie Monday		5:30pm Pot Luck (COD) 6/10 	5:30 pm Munchie Thursday
21	22	23	24	
	5:30 pm Munchie Monday	11:20 am Ladies Luncheon Lavendar & Lace		5:30 pm Munchie Thursday
28	29	30		
	5:30 pm Munchie Monday			

Events and Activities are subject to change. Please keep updated by reading the Clubhouse Bulletin board

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LHE SOCIAL EVENTS FOR JUNE 2026

SUMMER POTLUCK DINNER– Wednesday, June 17th - 5:30pm

Signup by June 10th in the clubhouse hallway. Include the number attending and the dish you will be bringing to share. Fried chicken will be provided by the social committee. **Don't forget to bring your table service.** Guest tickets are available from Mary Ann OCallaghan for \$5. Chairperson is Rhoda Rice.

SAVE THE DATE

INDEPENDENCE DAY CELEBRATION LUNCH– Saturday, July 4th—Noon

Lunch will be at Noon, followed by a Salute to America Program by Tim Peterson, celebrating the 250th anniversary of the United States Declaration of Independence. Menu will be Grilled Hot Dogs, Salad, Watermelon, Chips, and Ice Cream Sundaes, Tickets are \$10 and available from Mary Ann OCallaghan. **Ticket COD is June 27th.**

AUGUST POTLUCK DINNER– Wednesday, August 5th– 5:30pm

Fried chicken will be provided by the social committee, Dee Albarado will chair. Details to follow.

LABOR DAY POTLUCK LUNCHEON-Monday, September 7th-Noon

Grilled hamburgers will be provided by the social committee. Joann Hoffman will chair.

REMEMBER - NO SAVING TABLES UNTIL 1PM DAY OF EVENT

To reserve tables, until further notice, we will meet in the Pub instead of the Lobby. Pat Dey will have the numbers to pass out, beginning at noon. The doors to the Ballroom will not be opened until 1pm. Please be in the Pub by no later than 12:55pm to be ready to go in.

***COD- (Cut off Date for tickets)**

JUNE LADIES LUNCHEON

The June Ladies Luncheon will be held at Lavender 'n Lace Tearoom in Lake Alfred on Tuesday, June 23rd . Our reservation is at 11:20 am. (That is the correct time.)

Sign up at the Clubhouse by 6/20. Any questions call Rhoda Rice.

Thanks,
Rhoda



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20 TIPS FOR A POSITIVE YEAR

submitted by Liz Albert

1. **Stay Positive** - You can listen to the cynics and doubters and believe that success is impossible or you can trust that with faith and an optimistic attitude all things are possible.
2. **Take a daily "Thank You Walk."** You can't be stressed and thankful at the same time. Feel blessed and you won't be stressed.
3. **When possible, spend less time sitting and more time exercising, lifting, stretching, and moving.** Like a river you were made to move.
4. **Talk to yourself instead of listen to yourself.** Instead of listening to your complaints, fears and doubts, talk to yourself with words of truth and encouragement.
5. **Post a sign that says "No Energy Vampires Allowed."** Gandhi said, "I will not let anyone walk through my mind with their dirty feet," and neither should you!
6. **Each night before you go to bed write down your success of the day.** What you focus on shows up more in your life. Create a success journal.
7. **Fight the right battles.** Fight the battles that keep you going forward, not the ones that keep you stuck in the past.
8. **Get more sleep.** You can't replace sleep with a double latte.
9. **Don't waste your precious energy on gossip, naysayers, issues of the past, negative thoughts or things you cannot control.**
10. **Live your purpose.** Remember your why. We don't get burned out because of what we do. We get burned out because we forget why we do it.
11. **Fuel your life with love instead of fear.** Fear is draining. Love is sustaining. Fear weakens you. Love strengthens you.
12. **Make sure you have a mission, a team and a scoreboard.** You need all three to thrive and go to the next level.
13. **Implement the No Complaining Rule.** If you are complaining, you're not leading.
14. **Read more books than you did in 2025.**
15. **Don't seek happiness.** Instead live with love, passion and purpose and happiness will find you.
16. **Focus on "Get to" vs "Have to."** Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.
17. **The next time you "fail" remember that it's not meant to define you.** It's meant to refine you.
18. **Smile and laugh more.** They are natural anti-depressants.
19. **Create your Circle of Supporters.** Who is in [your circle](#) determines how fast and high you rise.
20. **Enjoy the ride.** You only have one ride through life so make the most of it and enjoy it.

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THANK YOU VETERANS
REMEMBER AND HONOR



VETERANS MONTHLY MEETING

PUB EVENTS JUNE 2026

1st, 8th, 15th, 22nd, 29th MUNCHIE MONDAYS
Bring a dish to share with friends.

4th, 18th, 25th - THIRSTY THURSDAYS
You are welcome to bring snacks to share.

11th- PIZZA NIGHT—\$5 pizza, order by 5:30pm

*Pub Rules update: No children allowed in the Pub without adult, even to merely go in and purchase a soda. No outside alcohol allowed.

The next Veteran coffee hour will be September 16th at 1pm. Thank you for your support, and have a great summer.



**No Karaoke in June, July or August.
It will resume in September.**

NEWSBRIEFS FOR NEWCOMERS Newsbriefs is the main communication venue for residents of Lake Henry Estates, with Loretta Kramer as the Administrator. It is a component of the Lake Henry Estates website and can be accessed through the following address: www.lakehenryestates.com/news/

The Newsbriefs website is actually updated daily or whenever Loretta receives new information, however, for your convenience, an email update reminder is sent every Wednesday and Sunday. The email reminder includes a link to the Newsbriefs website. So that you are included in Loretta's Newsbriefs Update Email Google Group, please send your email address to: kramer.loretta@gmail.com

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