



Lake Henry Estates Newsletter

AUGUST 2026

Editor: MARY ANN OCALLAGHAN

Thank you Board & Volunteers for Upgrades to our Community



SECURE YOUR COMMUNITY



We should all have our own Gate Codes for the purpose of gaining access to The Front Gate and for the **SECURITY OF OUR LHE COMMUNITY**. Check with the Front Office if you have forgotten yours.

4-Digit Code=You

3-Digit Code=Guest/Delivery/Workmen

To enter your 4-digit code, start with the # sign and enter the 4-digit code (Instead of using your remote). The 4-digit code should be treated like a personal password. When that code is shared with vendors or guests, they can then share the code with others. Now unknown people have 24/7 access to our community.

Your 3-digit code is the one you give to your guests, delivery person, or workmen.

When your guest punches in your 3-digit code, the system then sends a call to your phone. The new phone number that will appear is **863-207-5397**. When you answer, and you are expecting someone, press 9 and hang up. This will open the gate for your guest/workman. If you are not expecting anyone, just hang up! Please update the number in your phone Contacts so you will know it is from the Gate. It is suggested you create a contact (perhaps use LHE Gate 9) so you know it's the gate and to press 9 for 1 to 2 seconds and then hang up. If your 3-digit code is not working, please contact the Office.

Once a code has been compromised, it will be permanently retired and will not be reused under any circumstances.

The security of our community is every resident's responsibility, particularly in these days of break-ins, and the soon to be large shopping mall adjacent to our front gate. Below are more examples of why this is so important to everyone's safety.

DUKE ENERGY SCAMMERS

We were told by a Duke Energy subcontractor that there have been imposters/scammers posing as Duke Energy workers. **Check their ID:** the real Duke Energy workers and their subcontractors will have "Duke Energy" imprinted on their badge as well as a photo. Duke Energy will not show up at your door unsolicited, and they will **NOT** charge for **ANY** service. Call Duke Energy if there is any question and stay safe! Linda McKelvey

HOME BREAK-IN

Mid July, a resident returned home after being gone for an extended period of time, and found that his home had been broken into. The police were called to investigate.

For anyone watching other resident's homes please go check on those houses to make sure they have also not been broken into. Thank you.
LHE Board of Directors

We apologize for any omissions or errors in this edition.



NEWSLETTER INFORMATION

Please have all information submitted by the 20th of each month for the next months publication. For any submissions, please use these Emails: newsletter@lakehenrystates.com or mayacalli482@gmail.com



SUNSHINE - Judy Koblentz is our Sunshine Committee Chair. Street Captains, please EMAIL your verified information to Judy at jkoblentz@gmail.com. Residents please continue to contact your Street Captains, as listed below according to assigned house number, with verified information regarding illness or death. As always, we want to ensure correct information is shared with the community. All information must be verified by family members.

SUNSHINE

GARY PASSMORE: Death

Gary Passmore, of 560 Pinnacle Dr., passed away on May 14, 2026. Gary was 84, and died of complications from Alzheimer's. Services will be for family only. Condolences may be sent to Sheila at home.

JOE CONSOLO: Hospitalization or Illness

Joe Consolo, of 601 Sweetwater Way, fell and broke his femur. He had surgery Wednesday, July 15th. He will be leaving the hospital soon and transferred to Rehab for approximately 30-60 days. Cards may be sent to Joe at home.

SHIRLEY FURRY: Death

Shirley Furry, of 534 Waterford Dr., passed away July 21st. Services will be planned for a later date, and will be held in Pennsylvania, where Shirley was from. Cards and condolences may be sent to her family:
Deb Furry, 745 Berwick Ct., Lake Oswego, OR 97034

ED HANEN: Hospitalization or Illness:

Ed Hanen, of 697 Pinnacle Dr., is in the hospital undergoing testing. Nancy asked for prayers. Cards can be dropped off at their home.

WATER RESTRICTIONS HAVE BEEN EXTENDED TO OCTOBER 1, 2026

Lawn Watering days & times:

Under the standard schedule, watering days depend on the last digit of the house number in your address:

- * 0 or 1: Monday
- * 2 or 3: Tuesday
- * 4 or 5: Wednesday
- * 6 or 7: Thursday
- * 8 or 9 and properties without a clear address: Friday

Unless a City or County already has stricter hours in effect, watering hours are reduced to 12:01am to 4am, or 8pm to 11:59pm. Properties less than one acre in size may only use one of these time windows.

Residents may still hand water plants or use micro-irrigation to water flower beds, shrubs, or other plant material (other than lawns) on any day, however, under the Modified Phase III restrictions, it is limited to the hours of before 8am or after 6pm.

Violations could result in a citation and fine from the City or County.

Thank you for your cooperation. LHE Board of Directors

**Thank you to those that share information for our pleasure. Everyone's help is appreciated.
Community Photographer– Herb Kramer**

Our Volunteers Make Lake Henry Estates 'A GREAT PLACE TO LIVE'



Carol Jean Sheil, Realtor, Broker
Cell 863-412-3801 caroljeansheil@msn.com



Office: 863-299-5878



Chris Goode, Realtor
Cell 863-287-5454 chrisgoodefl@gmail.com

AUGUST GREETINGS!!! We have been so very fortunate! Although it has been dry, hot and humid, we have avoided the dry conditions that resulted in the devastating fires in various areas of the US and in Canada as well as the torrential rains with flash flooding that has occurred in many locations! Wishing you a safe, healthy and wonderful August!

220 HARTRIDGE HILLS DR...ARE YOU AN AIRCRAFT OWNER, PILOT, FLYING ENTHUSIAST AND/OR LOOKING FOR ACCESS TO THE CHAIN OF LAKES? Relax and enjoy life in this 2383 SF 3BR/2.5 Bath home with study located in Hartridge Hills, a gated community with boat ramp and dock on Lake Hartridge, adjacent to the Winter Haven airport and near Jack Brown Seaplane Base! The community features **CUSTOM EXECUTIVE STYLE** homes! When built, this amazing home won the following parade of Homes Awards: Home of the Year; Best Kitchen; Best Master Bath; Best Exterior; Best Overall Quality; and, Best Floor Plan! The home features an open floor plan with split bedrooms, crown molding, volume ceilings, interior laundry room and attractive tile flooring. The kitchen overlooks the dining area and offers granite countertops, wood cabinetry, stainless steel appliances and pantry closet. The primary suite has sliding glass doors leading to the covered lanai, two walk-in closets and en suite bathroom with separate vanities, garden tub, walk around shower and a water closet. Most recent updates include: new landscaping May 2026; new refrigerator June 2025; installation of irrigation well 2025; repainting interior walls, trim and doors 2022; and installation of New 30 year Architectural Shingle Roof April 2022. The Community Offers a **BOAT RAMP & DOCK** on LAKE HARTRIDGE providing residents access to the **CHAIN OF LAKES!** HOA fee maintains streets, common areas, lights, gate, boat ramp & dock and mowing and fertilization of yards!! Centrally located with easy access to shopping, restaurants, medical facilities and surrounding towns. **\$369,900.00**

FEATURED LISTING

543 Clubhill Drive
Haines City, FL 33844

\$255,000

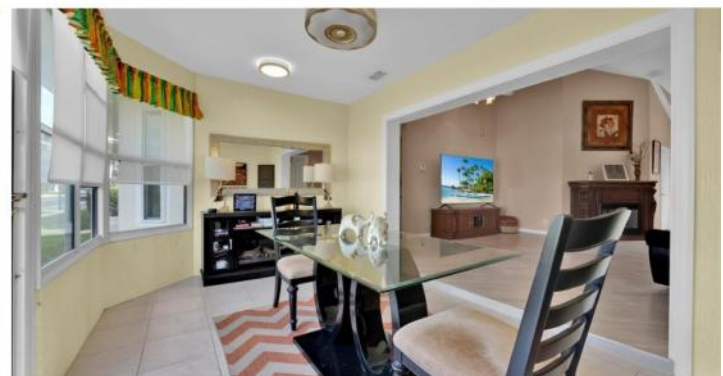


Claudia Centesimo, GRI
407-383-8882
LionHeartBrokers.com



FEATURES:

- 2 BR | 2 BA
- 1,864 Sq. Ft.
- Optional 3rd Bedroom
- New Roof (8/24)
- New AC (2024)





Lake Henry Estates Club

August 2019

Ticket sales: Mary Ann O'Callahan 727-688-2178
mayacalli482@gmail.com

Please check the calendar for updates.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	9:00 am Golf (Couples) 9:30 am Water Aerobics 6:30 pm B&V Gaff Bible study	9:30 am Water Aerobics 1:00 pm Couples Shuffleboard 6:00 pm Texas Hold em 6:00 pm Euchre	9:00 am Golf (Ladies) 9:30 am Water Aerobics	9:00 am Golf (Couples) 9:30 am Water Aerobics 1:00pm Couples Shuffleboard
2	3 1:00 pm Line Dancing 5:30 pm Munchie Monday	4	5 5:30pm Pot Luck (COD 7/29) 	5:30 pm Line Dancing Thursday
9	10 1:00 pm Line Dancing 5:30 pm Munchie Monday	11	12	5:30 pm Line Dancing Thursday PUB
16	17 1:00 pm Line Dancing 5:30 pm Munchie Monday	18	19	5:30 pm Line Dancing Thursday
23	24 1:00 pm Line Dancing 5:30 pm Munchie Monday	25	26	5:30 pm Line Dancing Thursday
30	31 1:00 pm Line Dancing 5:30 pm Munchie Monday			

Events and Activities are subject to change. Please keep updated by reading the Clubhouse Bulletin board.

Our Volunteers Make Lake Henry Estates 'A GREAT PLACE TO LIVE'

Community Events

2026

call or text Lorri Milligan @586 344 9118 the
or no later than the 15th of each month.



THURSDAY	FRIDAY	SATURDAY
Golf (Men) Water Aerobics Couples Card	9:30 am Water Aerobics Trash & Yard PICK-UP 1st Friday bulk pick-up	6:30 pm Joker 6:00 pm Nickels-Group A 7:00 pm Nickels-Group B
		1
6	7	8
Thirsty		
13	14	15
Pizza in the		Clubhouse -Private Event
20	21	22
Thirsty	9:00am Board Meeting	
27	28	29
Thirsty		

Birthday's

1 Carl Criger	16 Luis Torres
1 Tina Ray	16 Paul L Bockelman
2 Aixa Criger	17 Paula Turner
3 Joyce Dising	17 Cathie Cunliff
5 Frank Hamedl	20 Russ Jones
6 Al Croucher	22 Jill Marston
6 Myron Coon	22 Donald Diana
6 Dale Stone	23 Gwen Trask
8 Sue Utley	23 Mary Belle Kent
8 Eleanor Sheldon	24 Evan Matzkin
9 John Case	24 Don Bangasser
9 Blondell Richardson	25 Paul Bockelman
11 Justine Spinks	27 Gladys Surillo
11 Susie Smice	28 Bill Bateman
12 Jorgina English	30 Viv Kositz
12 Kathy Blaskovich	31 Jan Stone
14 Nora Kay Francis	31 Rodney Bretveld
14 Jeannie Whitt	

Anniversary's

1 Mark & Dawne Bockelman	1981
3 Jerry & Linda Mills	1974
6 Duke & Shirley Katleski	1983
6 Jim & Viv Kositz	1983
7 Mark & Christine Awbrey	1982
9 John & Beth Muntzinger	1969
10 Bruce & Phyllis Greene	1974
13 Ken & Judith Watkins	2016
18 Dick & Nancy Karhoff	1969
20 John & Rita Manly	1960
20 Don & Diane Webber	1966
24 Paul & Debbie Maddock	1974
28 Evan & Pamela Matzkin	1982
29 Dan & Kris Bomgarden	1970

and checking Channel 2491 and our webpage regularly.

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LHE SOCIAL EVENTS FOR AUGUST 2026

SUMMER PICNIC POTLUCK– Wednesday, August 5th-5:30PM

Sign up in the Clubhouse hallway by 7/29/26 the number of people attending, and dish you will bring to share. Please bring a dish which is enough to share with a minimum of 6 people. Fried chicken will be provided by the Social Committee. **Remember to bring your table service.** Guest tickets are available from Mary Ann OCallaghan for \$5. Dee Albarado is the chairperson.

SAVE THE DATE

SEPTEMBER

LABOR DAY CELEBRATION POTLUCK– Monday, September 7th– Noon

Hamburgers and fixings will be provided by the Social Committee. Please bring a dish which is enough to share with a minimum of 6 people. Sign up in the Clubhouse hallway by 8/31/26 the number of people attending and the dish you will bring to share. **Remember to bring your table service,** Guest tickets are available from Mary Ann OCallaghan for \$5. Joann Hoffman is the chairperson.

OCTOBER

Fall Poker Run – Sunday, October 18th

Halloween Party / Dance– Saturday, October 31st

NOTE: In order to insure that the planners of events that include food and special seating, please note **COD (Cut Off Date)** on the monthly calendar. This indicates the last date to sign up. **HELP MAKE SURE THERE IS ENOUGH FOOD and ROOM FOR YOU !**

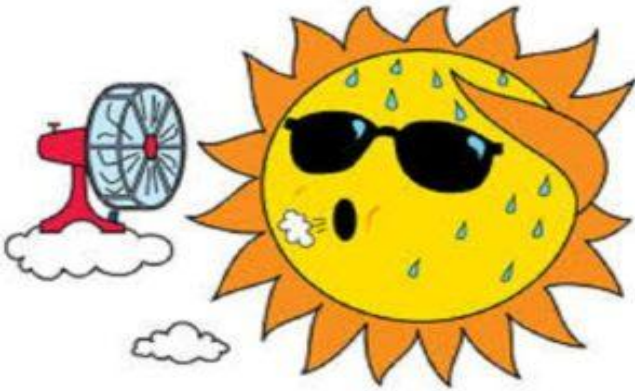
ATTENTION LHE BOWLERS



We are gathering interested bowlers for our 2026-2027 LHE League. The League starts on October 9, 2026 and will end on March 19, 2027. Every Friday at 9:00am at Incredi-Bowl in Winter Haven.

Weekly cost per Bowler is \$16, up a \$1.00 from last year. \$3.00 of that will be for prize money at the end of season. We are short bowlers for a few teams, so any individuals who would like to bowl we can surely accommodate and will welcome any new complete 4 person teams. Friends outside of LHE are also welcome.

Anyone interested or would just like some information please email Juanita Heffner at jawrheffner@gmail.com, call or text at 863-206-6786.



TIPS FOR KEEPING COOL ON A HOT DAY

During the summer months, temperatures rise and it can be more difficult to stay cool. Older adults are more sensitive to heat so it is important to keep cool and comfortable.

Here are some tips for keeping cool on a hot day:

1. **Limit time outdoors:** Limit the amount of time spent outside between 10 am and 4 pm when the temperature is the hottest.
2. **Drink water:** Make sure you are drinking plenty of water, even if not thirsty. Stay away from sugary drinks or drinks with caffeine to avoid dehydration. Replenishing electrolytes such as salt, potassium and calcium are necessary if you have been exercising or exposed to heat for a long period of time.
3. **Eat light foods:** Prepare foods that don't require cooking to avoid turning on the oven and creating more heat. Some great foods that don't require cooking are salads, fruits and vegetables, which are all great sources of nutrition. Popsicles and frozen fruit are also a delicious way to cool down.
4. **Clothing:** Dress in light-colored, loose-fitting clothing. Light clothing helps reflect sunlight and keep you cooler. If you and your family plan to be in the sun for a long period of time, consider buying clothing designed to block UV rays. A hat with a big brim or sunglasses also will keep you cool and help protect your eyes from the sun.
5. **Footwear that breathes:** Wearing footwear that breathes is a great way to help cool down. Tennis shoes with cotton socks can be great for certain outdoor activities, while sandals with straps also can work well.
6. **Watch the pavement:** Pavement or blacktop heats up quickly and can burn your skin, and your pet's paws!



There will be no Ladies Luncheon in August. It will resume in September.
Any questions, call Rhoda Rice.

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PUB EVENTS AUGUST 2026

3rd, 10th, 17th, 24th, 31st -MUNCHIE MON-DAYS

Bring a dish to share with friends.

6th, 20th, 27th - THIRSTY THURSDAYS

You are welcome to bring snacks to share.

13th- PIZZA NIGHT—\$5 pizza, order by 5:30pm

*Pub Rules update: No children allowed in the Pub without adult, even to merely go in and purchase a soda. No outside alcohol allowed.

AUGUST BOARD MEETING

The next Lake Henry Estates Board meeting will be held on Friday, August 21st at 9 a.m.

Thank you from the BOD.



**No Karaoke in August.
It will resume in September.**

NEWSBRIEFS FOR NEWCOMERS Newsbriefs is the main communication venue for residents of Lake Henry Estates, with Loretta Kramer as the Administrator. It is a component of the Lake Henry Estates website and can be accessed through the following address: www.lakehenryestates.com/news/

The Newsbriefs website is actually updated daily or whenever Loretta receives new information, however, for your convenience, an email update reminder is sent every Wednesday and Sunday. The email reminder includes a link to the Newsbriefs website. So that you are included in Loretta's Newsbriefs Update Email Google Group, please send your email address to: kramer.loretta@gmail.com

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